

# Equipping Hearts to Serve Lay Counselling within the Church Environment Course

This lay counselling course equips pastors, leaders, and volunteers in the church with essential counselling knowledge and practical tools to support those facing emotional, spiritual, and psychological challenges. Rooted in biblical principles and trauma-informed care, it prepares lay counsellors to offer compassionate, ethical, and Christ-centred guidance in ministry.



## Why this course

- **Interactive & Supportive learning:** Live coaching sessions and connection with fellow learners in a global classroom
- **Flexible, accessible, practical:** Learn at your own pace and apply real-world counselling techniques with confidence
- **Faith-centered impact:** Gain tools to bring restoration, hope and strength to your church community

## Ready to make a Difference?

Equip your heart, sharpen your empathy and step into authentic, Christ-centred ministry. Join the Lay Counselling Course and become a beacon of healing and hope within the Church.

## Learn More:



[www.marilizehowell.learnworlds.com](http://www.marilizehowell.learnworlds.com)



083 305 8111



me@marilizehowell.com

## You will learn:

- ✓ Introduction to Lay Counselling
- ✓ Basics of Trauma Counselling
- ✓ Trauma Aware: Adult Survivors of Childhood Sexual Abuse
- ✓ Addictions & Substance Abuse
- ✓ Loss & Grief Counselling
- ✓ Self Care & Emotional Regulation



CPSC

